

The Metz Center for Sleep Dentistry *presents*

# Step Up to Introductory & Advanced Sleep Continuum

A weekend course designed for dentists and staff\* to help create the perfect Sleep Dentistry Practice.

**Always New, Always Fresh, and Always Cutting Edge**

**Friday, April 7, 2017** from 8:30 am to 5:00 pm and

**Saturday, April 8, 2017** from 8:00 am to 5:00 pm

*\*introductory sleep training program to include staff*

Location: Embassy Suites, Columbus, Ohio Airport - 614-536-0500

Reserve your stay now at a discounted rate. Mention Group Code HEN

Visit our personalized reservation site at <http://embassysuites.hilton.com/en/es/groups/personalized/C/CMHATES-HEN-20170406/index.jhtml>

Earn up to 15 hours of continuing education credit.

- Establish a sleep dentistry practice within your practice: **New Focused Programs** for **General, Orthodontic, or Prosthodontic** tracks!
- Introductory (includes staff) & Advanced topics at **EACH** course
- Create successful relationships with medical doctors

**Register online!** at [www.themetzcenter.com](http://www.themetzcenter.com) or return the registration form printed on the back of this flyer. Contact Angie @ [metzdds@yahoo.com](mailto:metzdds@yahoo.com) or 614-252-4444 for more information.

## Featured Guest Speakers:



**Stanley Yung-Chuan Liu, MD, DDS** is the Assistant Professor of Otolaryngology/Head & Neck Surgery at the Stanford University Medical Center. He has expertise in orthognathic surgery, facial bone contouring, and repair of complex primary and secondary facial trauma. Dr. Liu lectures extensively on sleep apnea surgery. His active areas of research include dynamic airway examination in sleep apnea, virtual surgical planning in facial skeletal surgery, and neuromodulation of the head and neck.

**Patrick McKeown, MB, MA (TCD), Dip BM (Prof KP Buteyko), FBPI** is the Clinical Director of the Buteyko Clinic International and Chairman of its Advisory Board. Having suffered from asthma, rhinitis and sleep-disordered breathing for over 20 years, Mr. McKeown is able to offer both theoretical knowledge and his own experiences to help clients to overcome similar challenges. His latest book is titled "The Oxygen Advantage" and improves sports performance by addressing dysfunctional breathing patterns and simulating high altitude training.



**David White, MD** is a Clinical Professor of Medicine at Harvard and Chief Scientific Officer for ApniCure™. Dr. White has firm roots in the academic world. He brings clinical expertise and business acumen to any discussion about the past, present, and future of sleep medicine. His primary research interest has been the pathophysiology of obstructive sleep apnea (OSA). He has studied many aspects of OSA including upper airway motor control, the control of breathing during wakefulness and sleep and pharyngeal anatomy.

## There are so many different sleep courses out there... Our Mark of Distinction:

Thanks again for all you are doing to keep me healthy...AND I must admit you are also educating me.

The gift [of the Metz Appliance] you gave me is more appreciated than you can imagine. What is so interesting is that it was so unexpected by me because I didn't really accept the idea of having a problem. I thought I felt better than I really was. Now that I sleep through the night, rarely even waking up once during the night, I can see what a difference the appliance has made. I am also now aware by comparison how much I was falling asleep during the day because I rarely do that now and on most days don't even crave a nap...

I'm glad you have the data to support our results. You are someone who is going to make a difference and I applaud you... And I thank you.

*Dr. Peter Dawson*

The Dawson Academy, St. Petersburg, Florida

### Introductory and Advanced Sleep Dentistry Continuum Objectives:

- What is sleep and Why we sleep
- Sleep breathing disorders and critical issues in dental sleep medicine
- Oral appliance comparisons
- Establish a sleep dentistry practice within your practice: **New Focused Programs** for **General, Orthodontic, or Prosthodontic** tracks!
- Introductory (*includes staff*) & Advanced topics at **EACH** course
- Medical Predeterminations, insurance billing & coding
- Medical correspondence letters
- Effective marketing and patient screening
- Staff roles & training
- Create successful relationships with medical doctors

### Instructors & Faculty Speakers:



Dr. James Metz is a 1973 graduate of The Ohio State University College of Dentistry. He maintains a restorative dental practice with an emphasis on dental sleep medicine & reconstructive dentistry, along with surgical orthodontics (Wilckodontics - Periodontically Accelerated Osteogenic Orthodontics [procedure]: The goal of which is to address the major health issues of today, Hypertension & Type II Diabetes, to help restore & maintain the health of the individual.

Dr. Metz is the affiliate director of The Ohio State University Medical Center Sleep Medicine Fellowship Program. He is a member of the ADA's Scientific Investigation Committee Workgroup, defining the role of the Oral Appliance for the control of OSA & the Scientific Investigation Committee of the AARD for Sleep Dentistry. He has served on the AADSM board of directors, course development committee, public relations committee, chair for the Introductory & Advanced Course of Dental Sleep Medicine, and vice-chair of the 2014 AADSM Annual Meeting. He is the founder & current chair for the Dental Interest Group of the American Thoracic Society.



Dr. James Blank has been a dentist in private practice since 2005, focusing on comprehensive dentistry. He is a graduate of The Ohio State University College of Dentistry & completed his hospital residency at Medical University of Ohio. He has completed advanced training in sleep medicine and TMJ therapy, dental implant surgery and restoration, prosthodontics, occlusion, cosmetic dentistry, dental materials, and dental technology. A faculty dentist & lecturer for The Metz Center for Sleep Apnea, Dr. Blank shares his experience and insights on topics such as sleep medicine, TMD, & practice management.



Dr. Nelson Diers received his MSD and certification in Orthodontics from the Indiana University graduate school of Orthodontics. He is an associate clinical professor at Indiana University, in the graduate Orthodontics department. Dr. Diers participates in numerous study clubs, and the American Association of Dental Sleep Medicine.



Dr. Brian Vence maintains a private practice in West Dundee, Illinois with a special interest in comprehensive esthetic and restorative dentistry. He received his dental degree in 1985 from the University of Illinois School of Dentistry at the Medical Center in Chicago. Dr. Vence founded the Chicago Academy of Interdisciplinary Dentofacial Therapy in 1992, a study club designed to define and promote excellence in dentistry.



Pat McBride, BA, RDA, CESH is a Sleep Clinician/Education Specialist for Physicians & Dentists in the Field of Dental Sleep Medicine. She is dedicated to developing opportunities within the dental sleep medicine field globally by developing multi-disciplinary protocols for clinicians to seamlessly interface with the medical/dental community, educational institutions, & research facilities. Her Dental Sleep Medicine Consulting & Practice Management model designs clinical programs of multi-dimensional HIPAA compliant care.

Dr. Mickey Harrison  
Dr. Thomas Wilcko

Dr. Gene Williamson  
Dr. Ken Berley

### Application for Enrollment

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ ZIP \_\_\_\_\_

Phone \_\_\_\_\_

Fax \_\_\_\_\_

E-Mail \_\_\_\_\_

I will attend:

**Sleep Course** (15 CE hours)    Number of Attendees\*: \_\_\_\_\_

Doctors \_\_\_\_\_ (\$1650)    Staff\* \_\_\_\_\_ (\$110)

\* Introductory training program to include staff

Questions: contact Angie at 614-252-4444 or via email at [metzdds@yahoo.com](mailto:metzdds@yahoo.com).

\* If multiple doctors or staff members are attending, please provide their names & contact information on a supplemental page or via a supplemental email sent to [metzdds@yahoo.com](mailto:metzdds@yahoo.com)

*Payment by check, credit card or Paypal accepted.*

*Make all checks payable to Dr. James E. Metz*

Name on card \_\_\_\_\_

Credit Card # \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_    CSV Code \_\_\_\_\_

Signature \_\_\_\_\_

Cancellation Policy: Written notification of withdrawal from any course must be received at least 14 days prior to the scheduled course. Cancellations will be accommodated with a one-time-only transfer of tuition and deposit to a future course. Notification less than 14 days will result in forfeit of deposit.

Return the completed form and payment to:

The Metz Center for Sleep Dentistry

1271 East Broad Street, Columbus, OH 43205

Or visit our website [www.themetzcenter.com](http://www.themetzcenter.com) to register online.



Approved PACE program Provider  
FAGD/MAGD Credit.  
Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement.  
7/1/15 to 6/30/19  
Provider ID# 348168